

Circle: PRE
POST

PARENTING SCALE

SCORING KEY
For provider use only.

Date: _____
Provider Name and Agency: _____ County: _____
Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen): _____

Please submit the scoring key as part of the Level 4 or 5 evaluation packet to Triple P.

Instructions:

All 30 items are scored on a 7 point scale, with low scores indicating good parenting and high scores indicating dysfunctional parenting. There are three factors on the Parenting Scale: Laxness (LX), Over-reactivity (OR), and Hostility (HS). There are several items that are not on a factor (NF).

Items are listed below by factor and it is noted whether the "ideal" anchor is on the left (L) or the right-hand (R) side. **If the "ideal" anchor is on the left, the left anchor is scored 1. If the "ideal" anchor is on the right, scoring is reversed and the right anchor is scored 1 rather than 7.** For example, item 2 has a right anchor, so if the caregiver circled 6, it would be scored as 2. The total score is the sum of all items divided by 30. To achieve a factor score, sum the items in that factor and divide by the number of items in that factor.

*You may also use the scoring application from the Triple P Provider website.

The recommended clinical cut-off scores for the revised parenting scale are:

- Mothers: Laxness 3.6, Over-reactivity 4.0, Hostility 2.4; and Total Score 3.2.
- Fathers: Laxness 3.4, Over-reactivity 3.9, Hostility 3.5; and Total Score 3.2.

Sources: *The Parenting Scale (PS; Arnold, O'Leary, Wolff, & Acker, 1993); (Rhoades & O'Leary, 2007)*

ANCHOR

L = Score item by using the scale on instrument 1-7 from left to right

R = Score item by **reversing the scale** on instrument so that scale is 7-1 from left to right

Right Anchor Items: 2, 3, 6, 9, 10, 13, 14, 17, 19, 20, 23, 26, 27, 30

| LAXNESS (LX) | | |
|-----------------------|--------|-------|
| Item | Anchor | Score |
| 12 | L | ___ |
| 16 | L | ___ |
| 19 | R | ___ |
| 21 | L | ___ |
| 30 | R | ___ |
| LX Sum = | | ___ |
| Factor Score = | | ___ |
| (Sum ÷ 5) | | |

| OVER-REACTIVITY (OR) | | |
|-------------------------|--------|-------|
| Item | Anchor | Score |
| 3 | R | ___ |
| 6 | R | ___ |
| 10 | R | ___ |
| 14 | R | ___ |
| 17 | R | ___ |
| OR Sum = | | ___ |
| Factor Score = | | ___ |
| (Sum ÷ 5) | | |

| HOSTILITY (HS) | | |
|-----------------------|--------|-------|
| Item | Anchor | Score |
| 18 | L | ___ |
| 25 | L | ___ |
| 28 | L | ___ |
| HS Sum = | | ___ |
| Factor Score = | | ___ |
| (Sum ÷ 3) | | |

| NO FACTOR (NF) | | |
|-------------------|--------|-------|
| Item | Anchor | Score |
| 1 | L | ___ |
| 2 | R | ___ |
| 4 | L | ___ |
| 5 | L | ___ |
| 7 | L | ___ |
| 8 | L | ___ |
| 9 | R | ___ |
| 11 | L | ___ |
| 13 | R | ___ |
| 15 | L | ___ |
| 20 | R | ___ |
| 22 | L | ___ |
| 23 | R | ___ |
| 24 | L | ___ |
| 26 | R | ___ |
| 27 | R | ___ |
| 29 | L | ___ |
| NF Sum = | | ___ |

TOTAL SCALE SCORE

Total of Sums (LX Sum + OR Sum + HS Sum + NF Sum) = _____

Total Scale Score = _____
(Total of Sums ÷ 30)

Strengths and Difficulties Questionnaire (SDQ)

Child Assessment Tool

1. Obtain a free download of the SDQ from:

English Versions:

[http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Englishqz\(USA\)](http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Englishqz(USA))

Spanish Versions:

<http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Spanish>


Website View Below:

| | |
|------|--|
| | <p>Single-sided version without impact supplement</p> <ul style="list-style-type: none"><input type="radio"/> One-sided SDQ for teachers and parents of 4-10 year olds<input type="radio"/> One-sided SDQ for teachers and parents of 11-17 year olds<input type="radio"/> One-sided SDQ for parents or educators of 2-4 year olds<input type="radio"/> One-sided self-rated SDQ for 11-17 year olds |
| PRE | <p>Double-sided version with impact supplement</p> <ul style="list-style-type: none"><input type="radio"/> P4-10 - SDQ and impact supplement for the parents of 4-10 year olds<input type="radio"/> P11-17 - SDQ and impact supplement for the parents of 11-17 year olds<input type="radio"/> P2-4 - SDQ and impact supplement for the parents of 2-4 year olds<input type="radio"/> T4-10 - SDQ and impact supplement for the teachers of 4-10 year olds<input type="radio"/> T11-17 - SDQ and impact supplement for the teachers of 11-17 year olds<input type="radio"/> T2-4 - SDQ and impact supplement for the educators of 2-4 year olds<input type="radio"/> S11-17 - SDQ and impact supplement for self-completion by 11-17 year olds |
| POST | <p>Follow-up version (the default is to ask about 'clinic visits': email youthinmind@gmail.com for versions asking about other interventions)</p> <ul style="list-style-type: none"><input type="radio"/> P4-10 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 4-10 year olds<input type="radio"/> P11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 11-17 year olds<input type="radio"/> P2-4 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 2-4 year olds<input type="radio"/> T4-10 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the teachers of 4-10 year olds<input type="radio"/> T11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the teachers of 11-17 year olds<input type="radio"/> T2-4 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the educators of 2-4 year olds<input type="radio"/> S11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for self-completion by 11-17 year olds |

2. Score using on-line application and submit scoring key

<http://www.sdqinfo.org/py/sdqinfo/c0.py>

Website View Below:



What is it?Questionnaires etc.
View & DownloadScoring the SDQUsesSDQ vs other Q'sArticlesNorms

Scoring the SDQ

- The fast SDQ scoring site** for online scoring and report generation.
- Instructions in English for **scoring informant-rated** SDQs by hand. Instructions in many other languages are also available, accessed through the page for that [language](#).
- Instructions in English for **scoring self-rated** SDQs by hand. Instructions in many other languages are also available, accessed through the page for that [language](#).

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Strength and Difficulties Questionnaire
SDQ

SCORING KEY
For provider use only.

Date: _____
 Provider Name and Agency: _____ County: _____
 Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen):

Please submit the report generated by the scoring application or this scoring key as part of the Level 4 or 5 evaluation packet to Triple P.

Instructions:
Score each subscale and total difficulties using the on-line scoring application and submit a printed copy of the summary report or enter the scores manually using the table below.
*The scoring application and ranges for interpretation of scores from the SDQ completed by the **parent** are available from: <http://www.sdqinfo.org/py/sdqinfo/c0.py>.*

| Parent completed SDQ Scores | | Original three-band solution cut-points 4-17 year olds | | |
|-----------------------------|------------|---|---------------------|-------------------|
| SCALE | SCORE ↓ | Normal Range | Borderline Range | Abnormal Range |
| Total Difficulties: | _____ | 0 – 13 | 14 - 16 | 17 - 40 |
| Emotional Symptoms: | _____ | 0 - 3 | 4 | 5 - 10 |
| Conduct Problems: | _____ | 0 - 2 | 3 | 4 - 10 |
| Hyperactivity: | _____ | 0 - 5 | 6 | 7 - 10 |
| Peer Problems: | _____ | 0 - 2 | 3 | 4 - 10 |
| Prosocial Behavior: | _____ | 6 - 10 | 5 | 0 – 4 |
| Impact: | _____ | 0 | 1 | 2-10 |